

MONDAY MORNING Paved Trail Recurring Rides

Start: 9:00 am **No ride on Memorial Day.**

Meet: Centennial Trail – East Maringo Drive Trailhead,

Description: Centennial Trail from East Maringo Drive Trailhead to Barker Road Trailhead and return. Mostly flat with 2 short, easy hills.

Pace: 10-12 mph, mostly flat

Distance: 19 miles round trip

Directions to trailhead: north on Argonne from I-90, turn right on E. Maringo Dr., the first street after crossing the Spokane River, or, from intersection of N. Argonne Rd. and E. Upriver Dr, go east on Upriver for .4 mile to Farr Road. Go south on Farr to Maringo, left on Maringo, 1 block to the trailhead.

Eat: This is a calorie-free ride.

Rain cancels. If in question, call. Leader: Elaine Mayes 509-995-8982