

MONDAY MORNING Traditional Recurring Ride

Start: 9:00 am Meet: Little Garden Café, 2901 W Norwest Blvd. Description: LGC to 9-mile Dam via Aubrey White Parkway, Centennial Trail, including 2.2-mile extension of Centennial Trail to Long Lake. Pace: 12-14 mph Distance: 26 miles. Terrain: Mostly flat with some hills. Regroup: Parking area/restroom at McLellan trailhead N of Seven Mile bridge and at Long Lake (Nine Mile Recreation Area). Midway Stop: Tin Cup (if open):for eats and coffee, otherwise bring snacks. Weather: Ride ordinarily goes rain or shine except for lightning and ice; final determination made by ride leader at start.

Ride Leader: May 6, Barb Kehr; May 13 through June, Don Barden. Home 509-808-2932; Cell 206-450-3576. Email: Donald.barden@gmail.com.