

SATURDAY STEADY TO BRISK Ride Schedule

May 4 Newman Lake Start: 9:00 am Meet: Mirabeau trailhead on CT, east lot Pace: 12-14 mph Distance: 42 miles Terrain: Hilly around the lake. Description: East on CT, loop around lake, back on Wellesley, Mission Eat: bring pocket snacks. Stop at convenience store.
Leader: Sally Phillips, 448-6271

May 11 Grand Coulee Start: 9:00 am Meet: Wilbur, WA (Wilbur Park) Pace: 15 mph Distance: 69.6 miles Terrain: all paved roads, 5128ft elevation change Description: WA-21 N (includes Keller Ferry) west on Manila Creek Rd. to Elmer City, back to Wilbur via Old Grand Coulee Rd. Eat: bring snacks, stop at convenience store in Grand Coulee
Leaders: Ed (710-3875) and Sigrid Lee (999-6332)

May 18 Waitts Lake, Loon Lake Start: 9:00 am Meet: Earl D. Mix Park, 301 E. 4th St., Deer Park, WA Pace: 12-14 mph Distance: 63-65 miles Terrain: hilly, 3066 ft. with 3 rated climbs & other assorted rollers Description: Deer Park-Jump Off Joe-Valley- Waitts Lk-Springdale-Loon Lk-Gardenspot loop Eat: several stores and marts on route; Springdale's Kountry Korner diner may still be open. Leader: Bob Bowley 534-5501

May 25 Old Trails, Pine Bluff on dirt roads Start: 9:00 am Meet: Sandifur Bridge parking lot at Clarke and Riverside. Pace: 10-12 mph Distance: 45 miles Terrain: hilly Description: Old Trails to Pine Bluff. Dirt road alternative to Four Mound Prairie. Return on South Bank and Inland Roads. Eat: Tin Cup Map: Follow the leader or <https://www.strava.com/routes/15982319>
Leader: Charlie Greenwood, 624-8617

June 1 2 Rosalia Battle Days Ride Start: 8:00 am Meet: Latah Mall near Chaps and Yokes at 195 and Cheney Spangle Road, or 10:00 am in Spangle at The Harvester Restaurant. Pace: 10-12 mph Distance: 30 and 65 miles Terrain: Hill climb of four miles at four percent or one and one half miles at seven percent. 440 foot elevation gain. Otherwise fairly level with small hills. Description: Ride to Rosalia to enjoy Battle Days celebration. Battle Days events schedule: <https://bit.ly/2IYpKLw>
Eat: Fire Station Leader: Charlie Greenwood 624-8617

June 8 Coeur d'Alene via E and W Riverview Start: 9:00 am Meet: Yokes on McDonald & Sprague. Pace: 12-14 mph Distance: @50 miles Terrain: couple big climbs on Riverview. Description: Ride to Coeur d'Alene on hilly route south of Spokane River. Eat: tbd in CdA
Leaders: Sheila and Frank Ping, 924-1814.

June 15 Hoo Doo Valley, Sandpoint Start: 9:00 am Meet: Spirit Lake, Idaho City Park; Trent / (WA hwy #290) eastbound becomes Idaho #53 into Rathdrum. Then take #41 heading North to Spirit Lake City park is on your left @ Washington St. Pace: 14-16 mph Distance: 70-75 miles Terrain: Elevation Gain = 2600 ft. with one rated climb (4.3 miles @ 1.8% avg.) Description: Spirit Lake- Hoo Doo Valley-Sandpoint-Round Lake- Dufort Rd. loop NOTE: 3-4 miles packed dirt/gravel that has not been a problem in the past. Eat: someplace in Sandpoint Leader: Bob

Bowley, 534-5501

June 22 Steptoe Butte Start: 9:30 am (**Note time!!**). Meet: Harvester in Spangle. Pace: 14-16 mph Distance: 83 miles Terrain: Rolling hills with one hard mile climb up the Butte. Regroup: at turns. Description: Spangle via Old 195 to Rosalia, scenic backroads to Oaksdale and Steptoe Butte. Eat: Oaksdale (twice). Bring pocket snacks and plenty of water. Map provided. Weather cancellation: nothing short of a tornado. Leader: Sally Phillips 448-6271

June 29 Mt Spokane Start: 9:00 am Meet: 7903 E Princeton, leader's home. OR at roundabout on Brice Rd and Hwy 206 at approximately 9:30 a.m. Pace: 14-16 mph (on flat, of which there is little) Distance: @50 miles Terrain: climb up Northwood hill, then Mt. Spokane (hardest climb in the area) Description: Mt Spokane. Eat: Snack and beverage at Paul's house.
Leader: Leader: Paul Brunton 953-9564

July 6 Hilby, Big Rock Mountain Bike Ride Start:10:00 am Meet: Sally's house, 3608 E. 35th. Pace:10-12 mph Distance:17.8 miles Terrain: short steep hills, also rollers, 1374 ft of climb. Regroup at turns. Description: Southside hills, about 1/2 on dirt and gravel roads. Short ride, but with lots of climbing, then kick back at Sally's house – perfect for a holiday weekend. Eat: Sally's house - homemade ice cream sandwiches after ride. No map, regroup as needed.
Leader: Sally Phillips 448-6271