

TEAM TUESDAY Ride Schedule

May 7 Green Bluff Loop Start: 9:00 am Meet: Jane Shelly's house, 8006 E. Columbia Dr., in Northwood Pace: 12-14 mph Distance: 23 miles Terrain: rolling hills

Eat: treats and drinks at Harvest House Leader: Jane Schelly, 509-389-0484

May 14 Burnhill Loop Start: 9:00 am Meet: Jane Schelly's house, 8006 E. Columbia Dr., in Northwood Pace: 12-14 mph Distance: 28 miles Terrain: rolling hills Eat: pocket snacks, iced tea and snacks back at Jane's house Leader: Jane Schelly, 509-389-0484

May 21 Centennial Trail – Mirabeau Point to Higgins Point. Start: 9:00 am. Meet: Mirabeau Trail head SOUTH Route: Ride the CT to Higgins Point and back. Distance: 68 miles RT

Pace: 12-14 mph. Terrain: Mostly flat. Eat: Stop at bakery in Coeur d'Alene. Rain or high winds cancels. Leader: Virgil Dedas 509 270-2217

May 28 Saltese Lake- Quininmose Hill Loop. Start: 9:00 am, Meet: Skyway Café parking lot at Felts Field. Pace: Steady, 12-14 mph on flat terrain. Distance: 34 miles. Quininmose is a significant hill; regroup often. Description: Skyway Café, Euclid-CT-Flora-Henry-Quininmose loop. Eat: Skyway Café at Felts Field at end of ride. Map and cue sheet will be available. Heavy rain- strong winds cancels. Leader: Garry Kehr 509-990-1474

June 4 Centennial Trail – Newman/Hauser Lake Start: 9:00 am Meet: Barker trailhead parking lot. Route: Centennial Trail to Harvard. Euclid to Star road to Newman/Hauser Lake Loop and return. Distance: about 45-50 miles Pace: 12-14 mph Terrain: Newman has moderate hills, generally flat, some hills around Hauser Lake. Eat: Food stop at the Quikkie Mart Gas station on Trent at Star Road for food and bathroom stop. Bring your own water and snacks. Weather exceptions: Check with leader if there is high wind or rain in the forecast. Leader: Bill Olsen 509-679-1962

June 11 Centennial Trail to Mirabeau Point, Start 9:00 am Meet: Mission Park at 1208 E. Mission Ave. Description: Centennial Trail east to Millwood continue out to the Spokane Valley and loop back. Distance: 35 miles. Terrain: flat Pace: 12-14 mph Food: Bring pocket snacks, possible stop at Rocket Bakery on Argonne Rd. Weather questions?

Check with Leader: Jim O'Hare 509-251-4474

June 18 SpokeFest route, Start: 9:00 am Meet: Kendall Yards. Park behind or north of Yards Bruncheon and the Wandering Table Pace: 12-14 mph Distance: 70 miles Government/Centennial to Charles Rd. to West Long Lake, cross below Long Lake Dam and back via Tum Tum & Suncrest, stay along river back to Kendall Yards. Bring lots of water and snacks, no real services until Suncrest. Eat: The Yards or My Fresh Basket deli back at Kendall Yards. 12-14 mph average Terrain: significant hills. Regroup: Yes Weather? Call leader. Leader: Todd Hayes, 509-844-7354

June 25: Centennial Trail – Hauser Lake Start: 9:00 am Meet: Centennial Trail head at Mirabeau Point SOUTH. Route: Centennial Trail to Harvard. Euclid to Star road to Hauser Lake loop and return. Distance: about 35-40 miles Pace: 12-14 mph Terrain: generally flat, some hills around Hauser Lake. Eat: Food stop at the Quikkie Mart Gas station on Trent at Star Road for food and bathroom stop. Bring your own water and snacks. Weather exceptions: Call for weather exceptions. Leader: Jim O'Hare (509) 251-4474

July 2 Fish Lake Trail- Cheney out and back Start: 8:30 a.m. **(Note earlier start!)** Meet: Parking lot at Milton St. and Sunset Highway Route: FLT to Cheney Mason Jar. Return same, one big hill, then flat, Pace: 12-14 mph Distance: 25 miles Eat at Mason Jar.

Weather questions? Call Leader: Lila Meglio 509-378-8665