

THURSDAY MORNING Ride Schedule

May 2 Fish Lake trail – Cheney Start: 9:00 am Meet: Fish Lake trail head at Government Way and Lindeke Pace: 12-14 mph Distance: 30 miles Terrain: Mostly flat with one moderate hill. Route: FLT and Cheney-Spokane Rd to Mason Jar, returning via Andrus Spotted Thorpe Grandview. Bring water and snacks. Eat: Mason Jar Rain or heavy wind cancels.

Leader: Jim O'Hare 509-251-4474

May 9 Green Bluff – Big Meadows Start: 9:00 am Meet: Jane's house: 8006 E Columbia Dr In Northwood Pace: 12-14 mph Distance: 35 miles Terrain: rolling hills Route: Green Bluff -Big Meadows loop Eat: Harvest House midway on ride. Will regroup at major turns.

Leader: Jane Schelley 509-389-0484

May 16 2 Spangle-Plaza Loop Start: 9:00 am Meet: Harvester restaurant in Spangle
Pace: 12-14 mph Distance: 28 miles (18 mile option) Terrain: hilly Route: Old 195 to Cheney-Plaza Rd. Wells Rd. then Cheney-Spangle Rd. Eat: Harvester after ride. Heavy rains or strong winds cancels. Leaders: Garry Kehr 509-990-1474 (18 mile ride led by Barb Kehr)

May 23 Centennial Trail to Coeur d'Alene Start: 8:30 am (note time change!) Meet: Centennial Trail Barker St. trail head. Distance: 45 miles Terrain: flat with 2 steep hills Pace: 12-14 mph Route: east on Centennial Trail to CDA. Stop at La Peeps for food. South on 95 to Upriver to Riverview to Centennial Trail. Rain cancels. Leader: Bill Olsen 509-679-1962

May 30 Felts Field – Valley Loop Start: 9:00 am Meet: Skyway cafe Felts Field
Pace: 12-14 mph on flat terrain Distance: 34 miles Terrain: Some significant hills. Regroup often. Route: Skyway Café, Euclid-CT-Flora Henry loop. Eat: Skyway Cafe at end of ride. Heavy rain or strong winds cancels. Leader: Garry Kehr 509-990-1474

June 6 Saltese Loop Start: 8:30 am (Note time change!!) Meet: Bills house 18110 E 11th Ave, Green Acres, go south on Barker 1 mile to 11th. Take a right. About 1/2 mile, turn left. "Seahawks only" parking sign. Pace: 10-14 mph Distance: 40 miles Terrain: Some hills, 1 steep hill. Route: Barker to Saltese, Quinomose. Coast into Starbucks on Appleway. Riverview return Centennial Trail, return on Barker to Bill's house.
Leader: Bill Olsen 509-679-1962

June 13 Western Plains Start: 9:00 am Meet: CDA Park in Browns addition across from Lutheran church. Pace: 12-14 mph Distance: about 28 miles Terrain: hilly Route: Government Way to Old Trails Rd, Inland Rd to 7 mile. Aubrey White Parkway back to Doomsday Hill. Return Brown's Addition. Bring water and snacks. Leader: Lila Meglio 509-378-8665

June 20 Riverside State Park Start: 9:00 am Meet: Kendall Yards Tom Sawyer Country Coffee. 608 North Maple St. Distance: 27 miles Pace: 12-14 mph Terrain: some hills Route:

Government Way, Centennial Trail. Stop at the new version of the Tin Cup for snacks and return over 7 mile bridge via Audrey White Parkway. Rain or heavy winds cancel.

Leader: Lori Smith 509-954-9645

June 27 Burnhill Loop Start: 9:00 am Meet: Jane's house, 8006 E Columbia Dr. in Northwood. Distance: 28 miles Pace: 12-14 mph Terrain: hilly. Bring pocket snacks.

Eat: Iced tea and snacks at Jane's after ride. Leader: Jane Schelley 509-389-0484