

September-October Regional Ride Possibilities

TERRAIN: ROLLING

Climbs are short and easy, not too numerous

Cheney Plateau Start: Use the Fairways Golf Course parking lot, 9810 West Melville Rd, Cheney, 99004 (can be reached from I-90 Exit 292) Terrain: Rolling Distance: @18 miles
Route: Turn left out of parking lot on Melville Rd. Pass Marshall Cemetery and turn right on Spotted Rd. Go 3 miles to Cheney-Spokane Road. Turn right and immediately left into the Fish Lake/Columbia Plateau Trail State Park Trailhead (up a short hill) Ride the Columbia Plateau Trail @3.5 miles, going up the right ramp when the pavement turns to gravel. (If you ride up the left ramp, you will find a parking lot and a restroom.) Riding right into Cheney on the Cheney-Spangle Rd, you will find a well-marked wide shoulder. A popular destination for cyclists is the Mason Jar, a local coffee shop under the big tree on the northeast corner of your first stoplight. Continuing, turn left from the Mason Jar riding First Street to the Andrus Road cutoff to Cheney-Spokane Rd. Ride less than a mile, **NOTE: with a very angular railroad tracks crossing**, to where Andrus Rd starts up again on the left. **ROLLING** terrain starts here! Ride 5 miles until rejoining Spotted Road where you turn **left** to return to Fairways Golf Course on W. Melville Rd.

Deer Park - Williams Valley Rd. Loop

Start: Mix Park, Deer Park, WA (restrooms) Terrain: flat Distance: miles

Description: **Sunflower fields abound!!** These will be harvested at the first frost.

Riding north to Clayton, a short distance on Hwy 395 shoulder, Clayton, Williams Valley Road and choice in riding north to return to Mix Park.

Route: Ride right out of park, immediately turn left to go over RR tracks, turn left at first intersection on N North Ave. Continue riding north – road becomes Short Rd. Ride until you reach Montgomery, (2.3 miles) turn left and ride west towards Hwy. 395, 2.8 miles. **There is a very short stretch of riding the shoulder on Hwy. 395 towards Clayton which is good only UNTIL you turn right at the Clayton Drive In where the shoulder dwindles to nothing.** Something to be looking for.

This is Railroad Ave. Ride by Clayton Drive In and curve left for a little bypass of bygone Clayton, a brick making center at one time. Pass the crumbling ornate Grange, look for an elementary school on your left then turn left on William Valley Road, which is signed. This will take you to a crossing of Hwy. 395 CAUTION ADVISED.

Continue on Wms Valley Road for about a half mile turning left, pass the Mennonite Church, which is still Wms Valley Road. There are several roads back to Mix Park. As you go south, about 3 miles from the turn is Gibson Dahl Road. Mostly, the road is good, but be on the lookout for the occasional surprise pothole. This will lead you back to Mix Park, **crossing Hwy 395.**

Or drop further south to turn left on Burroughs. You can either turn left on Spotted or Monroe, riding north and crossing Hwy 395 on Herman.

Spangle-Rosalia-Malden Loop. This ride goes through three small Palouse farm towns and traverses hilly and rolling hill farm country. It can be very windy, so check the forecast if you don't enjoy riding into a headwind (always a headwind, it often seems). The ride begins and ends at the Harvester Restaurant in Spangle where there is a restroom and ample parking (best east of the restaurant at the back of the lot).
Don Barden

Start: Harvester Restaurant in Spangle, drive 17 miles south of Spokane on Hwy 195 from its intersection with I-90. **Distance:** 42 miles. **Terrain:** Rolling Palouse hills. **Route Description:** Spangle, Old Hwy 195 to Rosalia, Malden, Wells Rd, Cheney-Spangle Rd.

Cue Sheet:

L on 1st Ave

R on Main (Old Hwy 195) for 15 miles

Just past Rosalia, turn R on Malden Rd

Just past town of Malden, turn R on Wells Rd which becomes Malden North Rd

Ride north for 12 miles, turn R on Cheney-Spangle Rd

At junction with Bradshaw Rd, turn L to continue on Cheney-Spangle Rd.

Cross Hwy 195 to return to start

Spangle-Paradise Loop. This is a pleasant ride though flat and gently rolling farm country, mostly on little-used country roads. Don Barden

Start: Harvester Restaurant, Spangle, 17 miles south on Hwy 195 from its intersection with I-90.

Distance: 28 miles. **Terrain:** flat to gently rolling. **Route Description:** Hwy 195 N to Paradise Rd, Curtis Rd, Cheney-Spangle Rd, **Refreshments and restroom** at Harvester Restaurant. There is ample parking (best east of the restaurant at the back of the lot).

Cue Sheet:

R on 1st to Hwy 195

R (N) on Hwy 195 shoulder for 6.3 miles

L on Paradise Rd which turns into Smythe Rd. Turn left on Sherman Rd,

L on Anderson Rd, L on Curtis Rd

L on S. Cheney-Spangle Rd for 6.7 miles. Continuing left on W. Cheney-Spangle Rd for a 6.3 miles return with a L at junction with Bradshaw Rd staying on C-S Rd. Cross Hwy 195 to start

Spangle-Waverly-Prairie View Loop. This ride is on gently rolling and quiet farm country south of Spokane unless the wind is blowing hard. The ride begins and ends at the Harvester Restaurant in Spangle where there is a restroom and ample parking (best east of the restaurant at the back of the lot). Don Barden

Start: Harvester Restaurant, Spangle, 17 miles south on Hwy 195 from its intersection with I-90.

Distance: 30 miles. **Terrain:** Flat to gently rolling hills. **Route Description:** S on Spangle -Waverly Rd to Waverly, then Prairie View to Old Hwy 195.

Cue Sheet:

L on 1st Ave

R on Main St (Old Hwy 195)

L on Spangle-Waverly Rd for 8.5 miles

R on Prairie View Rd for 10 miles

R on Old Hwy 195 riding about 11 miles until return to Spangle and start.