Ride Options
- Metric Century (66.6 mi)
- Metric Half-Century (36.4 mi)
- Family Ride (15.4 mi)

Bike Safety
- Bicyclists are responsible to follow all traffic laws
- Stop at stop signs
- Signal turns and lane changes
- Ride on the right hand side of the road
- Although it is legal to ride two abreast, single up when other traffic passes
- Helmets are required - Be sure yours fits properly
- Pull completely off the road when resting or adjusting equipment
- Share the road courteously